



## SPOTLIGHT: THE CLINICAL COORDINATOR

New Jersey MENTOR offers a range of professional supports, but ask any Mentor whom she or he relies on most, and you'll probably hear, "My coordinator!"

Clinical coordinators work closely with both the Mentor and the individual to help create and implement each person's Individualized Habilitation Plan or Essential Living Plan. The coordinator develops opportunities for community interaction, identifies resources and provides support and technical assistance. As a frequent visitor to the host-home, coordinators also serve an important monitoring function.



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## QUALITY IS AT OUR CORE

While change occurs in every walk of life, it is more keenly felt in the area of human services. In such an environment, quality must be constant. At our foundation are a common set of values, ethical practices, Quality of Care Standards and a national Quality Assurance Network. At New Jersey MENTOR this framework of integrity, compliance and best business practices is vital to the work we do. We take great care to remain focused upon the people we serve, our Mentors and employees, business partners and the community.

## A HISTORY OF SERVICE

Founded in 1990, New Jersey MENTOR has helped hundreds of individuals throughout the Garden State live life to the fullest in the communities they call home. As a recognized provider with a proven track record of success, we provide a continuum of treatment programs to meet the needs of those we support.

Today, we continue to offer a growing array of specialized community-based services to adults, children, adolescents and their families. Our services and supports are as varied as the needs of those we serve – from the host-home model to treatment foster care, supported and group living arrangements, community-based day programs, family-based services and much more.

New Jersey  
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www.nj-mentor.com

## THE HOST-HOME PROGRAM

*Building Relationships. Enhancing Lives.*



New Jersey  
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Bringing Caring Closer

## HOST-HOME: A COMMUNITY SOLUTION



In New Jersey MENTOR's Host-Home program, individuals live in private family homes in the community with dedicated host-home providers – who we call **Mentors**. Because this model is geared towards the needs of one person, host-home living is highly flexible and focused on personal choice for the Mentor and the individual receiving services. In partnership with the people we support and our Mentors we strive to create that “perfect match,” ensuring successful placements that lead to long-term, meaningful relationships – the basis of our program success.

Together the Mentor, program staff, the individuals' family and other professionals design and implement an Individualized Habilitation Plan (IHP) or an Essential Living Plan (ELP), to help those we serve acquire skills, access services and participate in community life and activities.

For individuals and families, our host-home program provides invaluable peace of mind. For the payors supporting them, it represents a reliable, affordable, quality-focused solution that eliminates the need for capital expenses and the worry of ensuring continuity of direct care staff.

### ITS ALL ABOUT RELATIONSHIPS

We believe that personal relationships, developed in community settings – where individuals feel safe, supported and surrounded by the people and places they love – provide the foundation for growth. With the right supports and services, individuals facing a range of challenges have the best opportunity to realize their full potential when they participate in the ordinary rhythms of neighborhood life. They learn and grow. They create independent, healthy lives. And they make our communities rich, rewarding places to live.

## BUILT ON EXPERIENCE, FOCUSED ON INDEPENDENCE

At New Jersey MENTOR, we believe that individuals of all abilities should have the opportunity to receive services in natural settings and participate in community life. Like those we support, their families and the payors who support them, New Jersey MENTOR has specific goals for our host-home program that underscore all of our actions:

- Prevent unnecessary institutionalization of individuals.
- Provide a nurturing, supportive home environment through which a person's psychosocial, educational, vocational and medical needs can be readily met.
- Maximize functional independence and community involvement.
- Allow people to achieve individually-defined goals in the least restrictive setting.
- Improve the quality of life for every individual through innovative, quality services and intensive case management.

### EXPERIENCE: 30 YEARS AND COUNTING

As a partner of The MENTOR Network, a national network of local providers, New Jersey MENTOR is able to leverage our national structure and resources to provide cost-effective solutions to meet a growing and urgent need for community-based programs. The Network pioneered the host-home model more than thirty years ago and has expanded this innovative program to help thousands of people grow and thrive in the communities they call home.

## CUSTOMIZED SUPPORT FOR INDIVIDUAL NEEDS

- 24-hour home-based monitoring
- Whole life planning
- Diagnostic assessment of functional abilities
- Development and monitoring of an Individual Habilitation Plan (IHP) or Essential Living Plan (ELP)
- Life skills development/activities of daily living management
- Structured activities
- Family support
- Community integration
- Case management
- Medication management oversight
- Transportation
- 24-hour on-call support
- Respite
- Advocacy services
- Program evaluation and quality assurance



*“Living in my home makes me very happy.”*

- Chuck, a consumer

*“We're very happy with MENTOR. Everyone is so kind and willing to help us in any way they can.”*

- Tom, a Mentor

*“The staff at MENTOR and the services they provide have improved my daughter's life in so many ways. Our family is so happy with the quality of care.”*

- Juanita, a mom

*“I am proud to be a Mentor. I love the program and feel very welcomed and supported by all of the staff.”*

- Gina, a Mentor



### THE PATH TO BUILDING SUCCESSFUL HOST-HOME RELATIONSHIPS:

#### Recruiting Mentors

Mentors are recruited via advertising, direct mail, presentations, community events and word of mouth. Our full-time recruiters actively seek individuals with diverse social and ethnic backgrounds from many communities who have a commitment to those we support.

#### Selecting Mentors

Rigorous screenings are followed by comprehensive assessments including home visits, health evaluations and thorough background checks, as well as an extensive pre-service education.

#### Matching

Recruiters draw from a pool of qualified Mentors. Matches are made after careful consideration of compatibility, needs and preferences, and the proximity to the individual's family and community.

#### Establishing a Connection

Once a match is identified and a connection made, a series of visits confirm compatibility. Our team evaluates the Mentor's community with an eye towards the individual's needs.

#### Transitioning into a Host-Home

The Mentor receives the appropriate skill development and service overview to ensure the individual's specialized needs are met. A formalized plan is developed to support the continuity of services. The individual, their family, support teams, our staff and the Mentor are involved throughout the process.

#### Educating and Supporting Mentors

In addition to a comprehensive overview, Mentors receive continuing education focused on enriching their skills and knowledge base. Ongoing consultation and guidance are provided via program staff and other service professionals. Support groups offer Mentors the chance to share their experiences and learn best practices.

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